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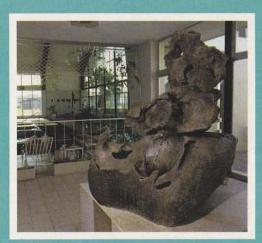
Subject to change.





One of the most popular holiday resorts in South West Africa/Namibia is the modern and luxurious Gross-Barmen hot springs. It is situated only 25 km from Okahandja and 100 km from Windhoek, which places it within easy reach for a weekend outing or a day trip.

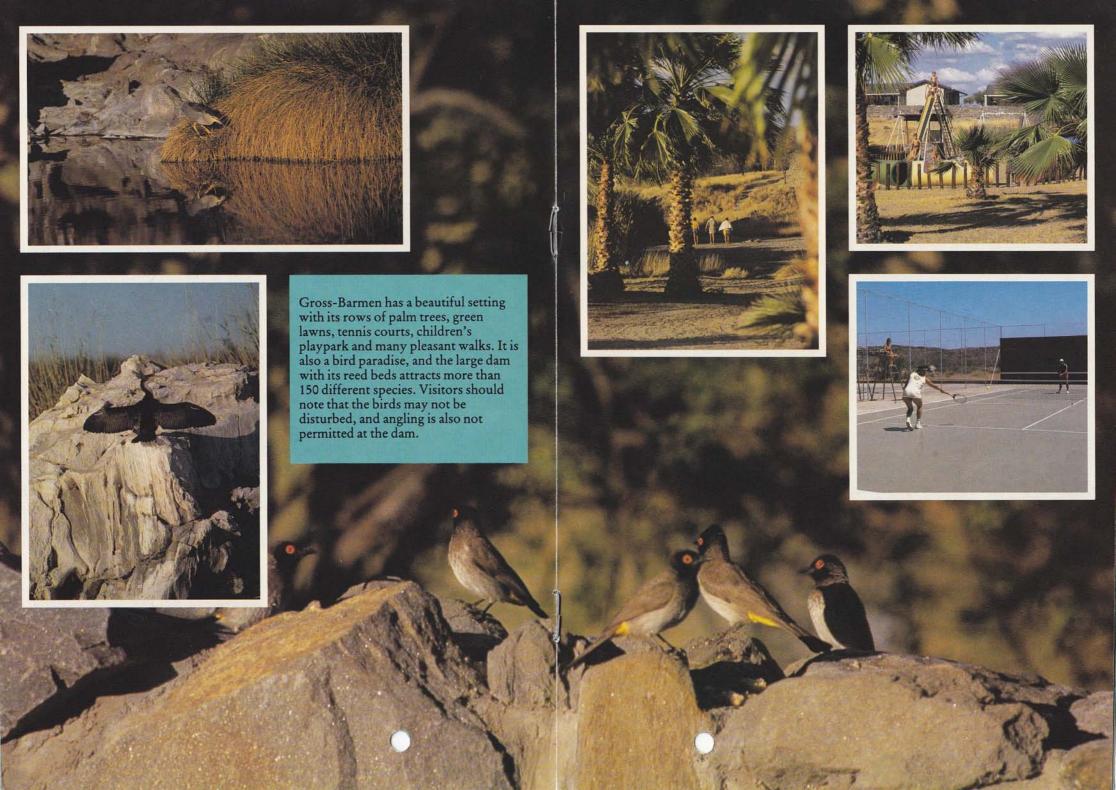
It was built on the site of an early Rhenish mission station, which was established in 1844 and existed for sixty years. Today the ruins of the mission house can still be seen. The missionaries gave the station the name of Gross-Barmen; its original name was Otjikango Otjinene – Herero for Large Fountain.

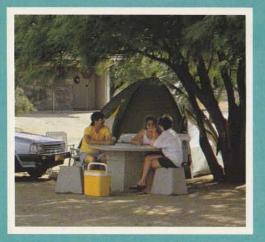




The main attraction of the resort, which is open throughout the year, is its hot mineral spring water. Many visitors with rheumatic and related ailments have benefitted from these waters, which can be enjoyed in the large indoor thermal bath, the open-air swimming pool, and in private baths. The water bubbles from the earth at a temperature of 65 °C and is then cooled off to 40 °C for the thermal bath. The water in the swimming pool and children's splash pool has a pleasant lukewarm temperature. Heart or kidney sufferers should take care that they use the hot water ( in moderation, as it could have adverse effects.







Gross-Barmen offers its overnight visitors both airconditioned 5-bed luxury units and smaller 2-bed bungalows. These all have fridges, stoves (in the bigger units) and hot water showers. Bedding is provided, and cooking and eating utensils can be hired at a minimal cost. There is also a shady camping site with convenient ablution blocks and field kitchens. The resort, which has a conference room that can seat up to 20 persons, is furthermore ideal for small conference groups.

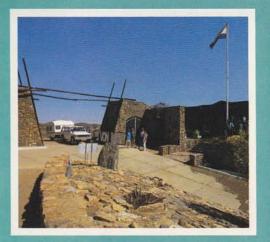
For the convenience of visitors the resort has a restaurant, filling station and a shop which stocks fresh produce, groceries, liquor, firewood etc. Pets are not allowed in the resort, but there are











kennels at the entrance. Owners are fully responsible for the care of their pets. Gross-Barmen is truly an oasis where one can relax totally. As it is such a popular resort, the number of day visitors is restricted over long weekends and the South West Africa/Namibia schoolholidays. It is therefore advisable to book well in advance for these periods.

A popular place to visit when at Gross-Barmen is the nearby Von Bach Dam which is just outside Okahandja. It is ideal for water sport enthusiasts and anglers. There are attractive picnic spots and a camping site along the banks of the dam.

